

We're excited to welcome Clyde Companies employees to Carrot.

This benefit offers support for:

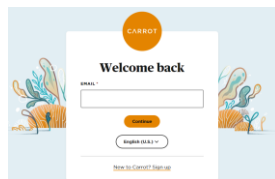
- Fertility health and wellness
- Fertility care and assisted reproduction, including IVF
- Preservation (freezing eggs, sperm, or embryos)
- Adoption
- Pregnancy and postpartum
- Newborn care and parent support (includes returning to work)

Through Carrot, you'll have access to:

- Employer-sponsored funds to help pay for eligible care and services
- Personalized assistance every step of the way
- Unlimited, free virtual visits with experts
- Help finding a provider
- Expert-produced educational resources
- Exclusive partnerships, discounts, and expedited appointments

Personalized care for every fertility and family-building journey

Go to [www.get-carrot.com](http://www.get-carrot.com) and login



# Comprehensive support and access to care for maternity through menopause — and pre-pregnancy through parenting

Millions of members around the world trust Carrot for lifelong access to fertility care and family-building support. Carrot assists with every journey from egg and sperm freezing, to IVF, gestational surrogacy, adoption, and menopause.



Egg, sperm, and embryo freezing



Assisted reproduction (IUI and IVF)



Adoption



Gestational surrogacy



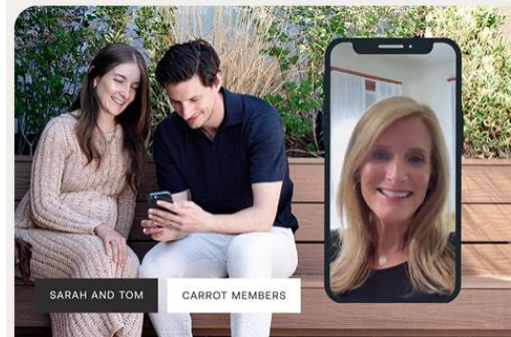
Pregnancy, postpartum, and return to work



Menopause and low testosterone



Gender-affirming care



## Customized plans for individual needs

Every fertility and family-building journey is unique. Carrot members receive customized plans based on their individual needs from localized experts, allowing them to experience personalized and culturally competent care.

Have Questions? **Contact us**

**Customer Service: 888-817-9040**

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