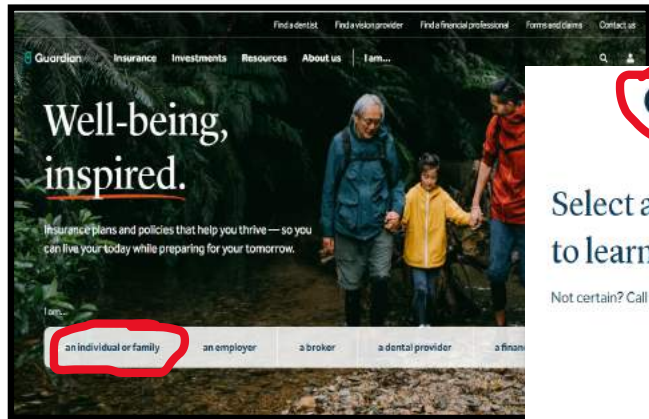


Step 1:

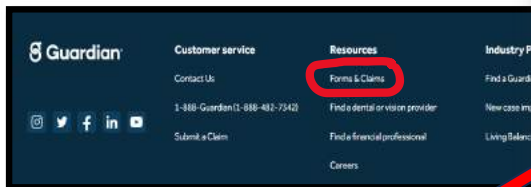
Go to www.guardianlife.com and login (Group ID 00055294)

Or call 888-482-7342 and start your claim with customer service



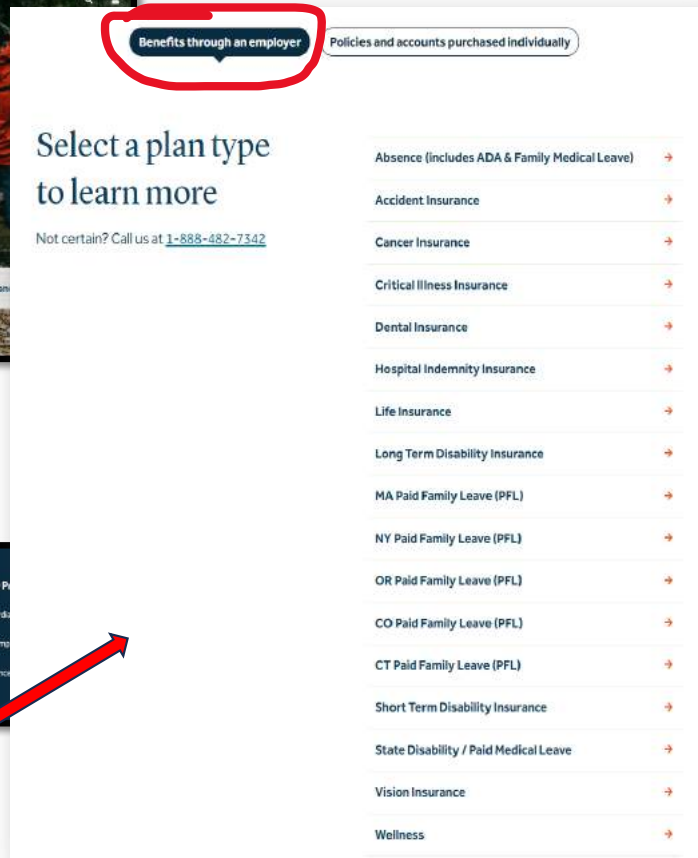
Step 2:

Scroll down to **Forms & Claims**



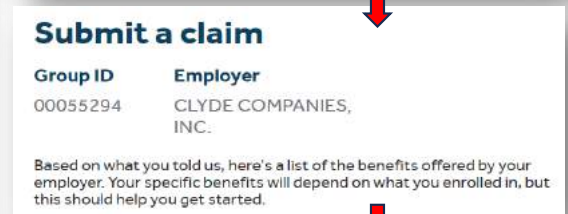
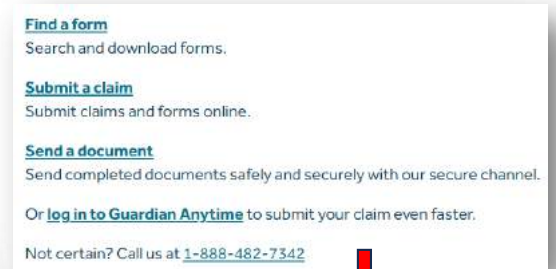
Step 3:

Select the plan type from list:



Step 4:

Select action or item from list:



Next:

Select plan type, and follow steps

- Accident
- Critical Illness
- Hospital Indemnity
- Life
- Long Term Disability
- Short Term Disability
- Wellness