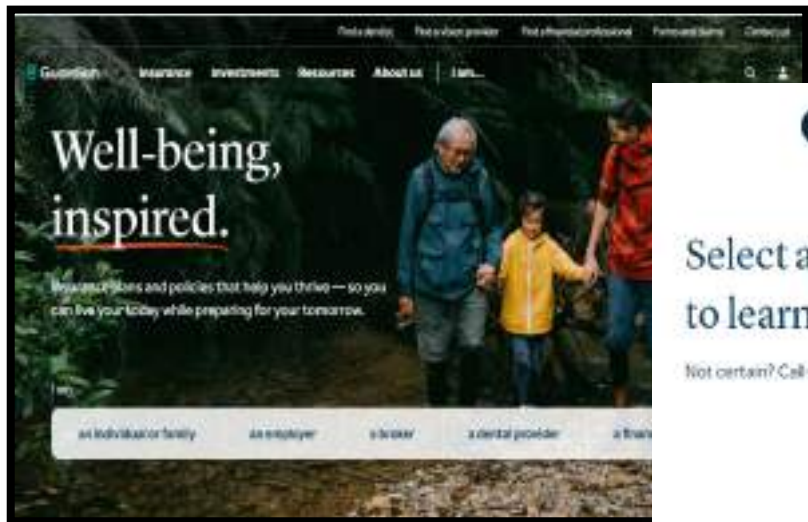


**Step 1:**

Go to [www.guardianlife.com](http://www.guardianlife.com) and login (Group ID 00055294)

Or call 888-482-7342 and start your claim with customer service



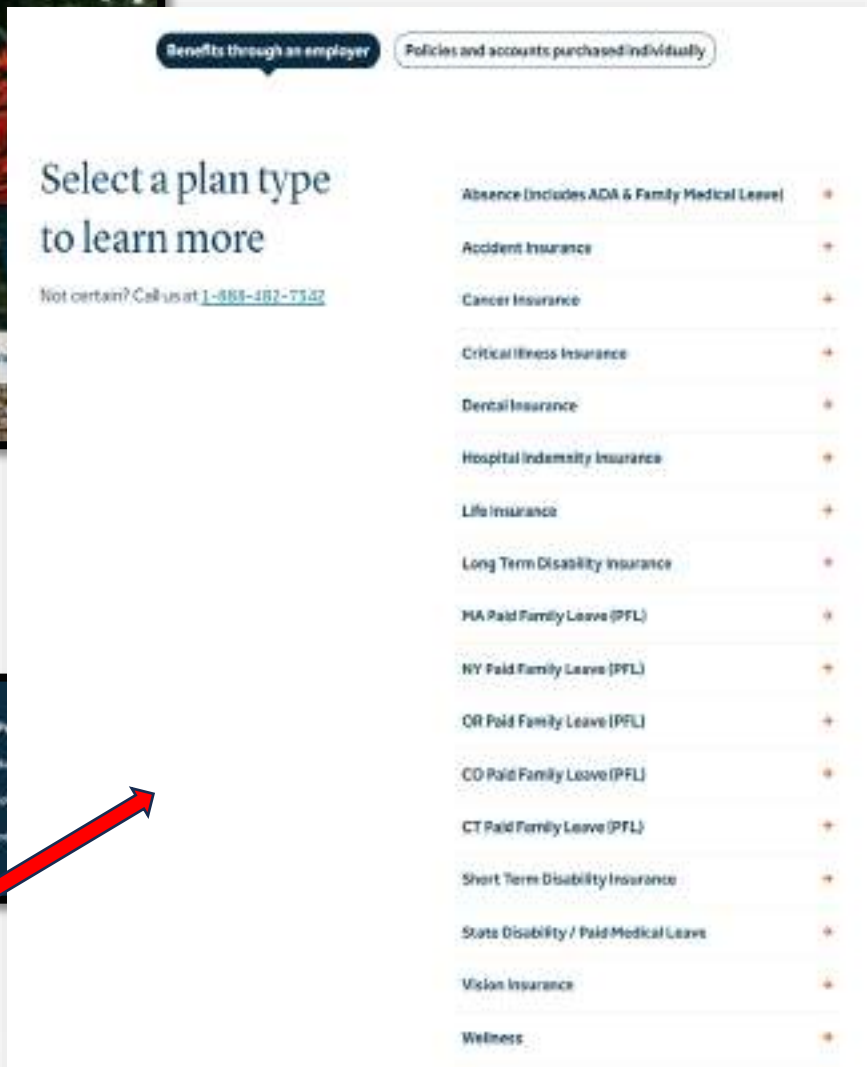
**Step 2:**

Scroll down to **Forms & Claims**



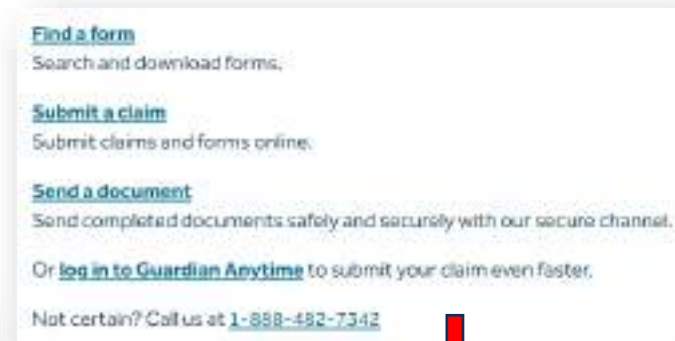
**Step 3:**

Select the plan type from list:



**Step 4:**

Select action or item from list:



**Next:**

Select plan type, and follow steps

- Accident
- Critical Illness
- Hospital Indemnity
- Life
- Long Term Disability
- Short Term Disability
- Wellness